

## Holistics & Sport

- Full Body & Face Massage.....£10.00
- Full Body Hot Stone & Face Massage.....£12.00
- G.S Mechanical Massage .....£8.00
- Body Massage .....£8.00
- Pre-blended Aromatherapy Massage.....£10.00
- Indian Head Massage.....£6.00
- Hot Stone Massage.....£10.00

## Case Studies

(Courses consist of 5 treatments)

- Pre-blended Aromatherapy Massage.....£25.00
- Body Massage .....£25.00
- Indian Head Massage.....£25.00
- Hot Stone Massage.....£25.00

**Holistic Appointments: 01432 365 491**



## Opening Times

9.00am to 4.00pm - Monday to Friday  
Evening appointments are available  
01432 352 235

Herefordshire & Ludlow College  
Folly Lane, Hereford, HR1 1LS



 Herefordshire &  
Ludlow College



  
eden  
HAIR, HEALTH & BEAUTY SALONS



## Hairdressing

Perms*.....	from £20.00
Highlights / Lowlights cap*.....	from £22.50
Spatula Colour*.....	from £22.50
Highlights / Lowlights Foil*.....	from £25.00
Re-growth Colour*.....	from £22.50
Full Head Colour*.....	from £25.00
Quasi*.....	from £20.00
Semi-colour.....	from £15.00
Re-styling.....	from £10.00
Shampoo & Set.....	£5.00
Trim, Shampoo & Set.....	£8.00
Blow Dry.....	£5.00
Trim & Blow Dry.....	£8.00
Wet Cut.....	£7.00
Dry Cut.....	£4.00
Luxury Conditioning Treatment.....	£4.00
(includes massage)	

\*Skin test required prior to hair colouring



Hair Appointments: 01432 365 490



## Beauty

Basic Manicure.....	£6.00
Manicure & Paraffin Wax.....	£7.00
Manicure & Hand Mask.....	£7.00
Basic Pedicure.....	£6.00
Pedicure & Paraffin Wax.....	£7.00
Pedicure & Foot Mask.....	£7.00
Full Leg Wax.....	£8.00
Half Leg Wax.....	£6.00
Bikini Line Wax.....	£5.00
Underarm Wax.....	£5.00
Lip & Chin Wax.....	£5.00
Eyebrow Wax.....	£5.00
Basic Facial.....	£7.00
Facial, Steam & Extraction.....	£8.00
Make-up.....	£6.00
Eyebrow Tidy.....	£5.00
Eyelash Tint*.....	£5.00
Eyebrow Tint*.....	£3.00
Eyelash & Eyebrow Tint.....	£6.00

\*Skin test required prior to tinting

## Beauty

Vacuum Suction - Face.....	£6.00
Aids with lymph drainage to reduce puffiness	
Vacuum Suction - Body.....	£8.00
Aids with lymph drainage & removal of cellulite	
Micro-current - Face.....	£10.00
Non-surgical facelift	
Micro-current - Body.....	£8.00
Firms, tones & aids removal of cellulite	
Faradic - Body.....	£8.00
A muscle-toning treatment	
Galvanic - Face.....	£8.00
A deep-cleansing facial	
High-frequency - Face.....	£6.00
Aids blemishes and problem-prone skin	
Microdermabrasion - Face.....	£10.00
Deep exfoliation facial	

\*Skin test required prior to tinting

**dermalogica**<sup>®</sup>  
a skin care system researched and developed by The International Dermal Institute

Beauty Appointments: 01432 365 487

